

Hispanic Heritage Month 2022



CHALLENGE DESCRIPTION

National Hispanic Heritage Month is celebrated each year from Sep. 15 to Oct. 15. This year, the theme is “Unidos: Inclusivity for a Stronger Nation.” Honor diverse voices, unique perspectives, and rich cultural traditions through activities and book recommendations. Log your reading and complete activities to earn badges throughout the challenge.

CHALLENGE STRUCTURE

- 1 Registration Badge**
- 1 Completion Badge**
- 10 Logging Badges (Minutes)**
- 5 Activity Badges**

BADGE 1: In Spanish, *unidos* means “united.” What does being united mean to you and your community? (*text box*)

BADGE 2: Try a traditional Hispanic food this month. Here are a few of our favorite dishes to get you started.

- Empanadas (*em·puh·naa·duhz*) are doughy shells stuffed with your choice of filling: meat, cheese, veggies, or all of the above!
- Paella (*pai·ay·uh*) is a traditional Spanish meal made with rice, saffron, chicken, and vegetables. You could also use seafood or try a vegetarian version to suit your taste buds!
- Churros (*choor·ohs*) are crispy, sweet fried desserts sprinkled with cinnamon sugar that taste wonderful warm!

BADGE 3: Learn about famous Latinx leaders who demonstrated hope and resilience throughout history. Here are a few inspirational change-makers to get you started. Who do you want to learn more about? (*text box*)

- **Rosa Castellanos** served as a medic in the first of Cuba's Independence Wars, often heading straight into battle to help wounded soldiers.
- **Cesar Chavez** was a union leader who helped start the United Farm Workers of America to push for better wages and working conditions for migrant workers.
- **Frida Kahlo** was an incredibly unique painter known for her striking, colorful self-portraits. Her artwork is bold, empowering, and deeply moving.
- **Rita Moreno** is an actress, singer, and dancer who won a Tony, Emmy, Oscar, and Grammy Award.
- **Ellen Ochoa** was the first Hispanic female astronaut and is also an inventor.
- **José Guadalupe Posada** was an artist who drew political cartoons and created the iconic and festive Día de Muertos skeletons, called "calaveras."
- **Sonia Sotomayor** is the first Latinx Supreme Court Justice. She has a true love of reading and says books helped her through challenging times and inspired her to follow her dreams.

BADGE 4: Lotería is a traditional Mexican card game, similar to bingo, and is fun for all ages! You can play with friends or with a grown-up. If you don't already know how to play or want to read more about the history of the game, check out the link below.

- [Celebrating Lotería!](#)

BADGE 5: Read a book written by a Hispanic author. Ask your librarian or teacher for recommendations!

Ages 0-4

1. "With Lots of Love" written by Jenny Torres Sanchez and illustrated by André Ceolin
2. "Hello, Puddle!" written by Anita Sanchez and illustrated by Luisa Uribe
3. "My Nap, Mi Siesta" by Raúl the Third and Elaine Bay
4. "Amor de colores" written by Melanie Romero and illustrated by Citlali Reyes

Ages 5-10

1. "Beauty Woke" by written by NoNieqa Ramos and illustrated by Paola Escobar
2. "Growing an Artist: The Story of a Landscaper and His Son / Cultivando a un artista: La historia de un jardinero paisajista y su hijo" by John Parra
3. "Paola Santiago and the River of Tears" by Tehlor Kay Mejia
4. "Stella Díaz Dreams Big" by Angela Dominguez

Ages 11-13

1. "Falling Short" by Ernesto Cisneros
2. "Shine On, Luz Velize!" by Rebecca Balcarcel
3. "Time Villians" by Victor Piñeiro
4. "Witchlings" by Claribel A. Ortega

Ages 14-18

1. "Cemetery Boys" by Aiden Thomas
2. "Wild Tongues Can't Be Tamed: 15 Voices from the Latinx Diaspora" by Saraciea J. Fennell
3. "Breathe And Count Back from Ten" by Natalia Sylvester
4. "Fat Chance, Charlie Vega" by Crystal Maldonado

Ages 18+

1. "Trejo: My Life of Crime, Redemption, and Hollywood" by Danny Trejo
2. "My Broken Language: A Memoir" by Quira Alegría Hudes
3. "The Five Wounds" by Kirstin Valdez Quade
4. "Trust" by Hernan Diaz